

PREDATORS DEFENSE AWARENESS! TWO-DAY SEMINAR!

4.24.26

7:30 PM - 9:30 PM

LEVEL 1 & 2 OF STREET
COMBAT 37 SKILLS



4.25.26

9:00 AM - 12:00 PM

WARRIOR MINDSET BUSINESS
OF SELF DEFENSE



Better Attitude Makers
8101 Sandy Spring Rd., #107, Laurel, MD 20707

**FAMILY SAFETY TRAINING
IS A NECESSITY!**

**\$159 DONATION FOR TWO
PEOPLE BEFORE APRIL 15, 2026**

**\$199 PER PERSON
AFTER APRIL 15TH**

Bring a friend/family member
for no additional charge and includes
two scholarships for you!

Mental and emotional awareness

Combat fitness skills

Boundaries for personal safety

Peace in a chaotic world

Preventional skills for youths and adults



Available for seminars at schools,
churches, community centers,
and businesses.
Together, we can make a difference!

**STREET SURVIVAL—
EVERYTHING YOU NEED
TO EMPOWER YOUR
COMMUNITY!**

“The BAM’s insight into the violent urban culture
should be mandatory for middle and upper class,
dojo ballerinas who think their sanitized, formal
training is all they’ll need to win a real fight.”

Peyton Quinn, Author and Self-Defense Expert

**\$130 CASH DONATION PER PERSON WITH REGISTRATION
FORM (REGULARY \$299) IF YOU REGISTER FOR**



TO HELP SPONSOR THE 1 MILLION SCHOLARSHIP DRIVE

Get involved or make additional donations by visiting
UrbanSpiritFoundation.org

